

# HELP YOURSELF

Perspiration from the arm will cause an ordinary leather strap for a wrist watch to rot within a few months, but it can be protected very easily with a couple of applications of clear nail polish, allowing the polish to dry between applications. The polish will seal the pores of the leather and make it practically waterproof. Additional applications of polish will give the strap a plastic-like appearance, although this is unnecessary except from a decorative standpoint.

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Tar on shoes is removed readily by rubbing the stain with a cloth soaked in fly-spray.

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Blue hydrangeas are produced by inserting a lump of alum among the roots of the ordinary white type. The colour which the blossoms turn after this treatment is a novelty.

\* \* \* \*

Dust and dirt may be removed from the edges and bindings of books by rubbing with bread crumbs. The well-cooked but doughy bread inside the crust of fresh rolls is excellent for this purpose. In applying it, rub the soiled book with a ball of the dough. The dough may be used until it is saturated with dirt. Grease spots may be removed from the pages by applying benzine (inflammable) and removing it with a blotter. Water spilled on book pages may be removed by putting wet pages, one by one, between blotters and ironing on both sides.

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Splattering of some of the new type fast-covering wall paints on woodwork or other surfaces can be removed easily by rubbing with ordinary abrasive kitchen cleansing powder. The paint will come off even after it has been allowed to set for a long period. Such a method is more effective than razor blades or fine sandpaper.

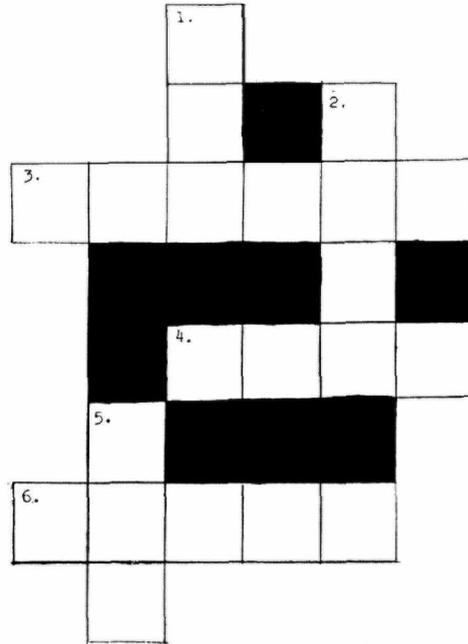
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To remove tar spots from clothing, merely place a lump of clean white lard over the spot and allow it to stand for several hours. After the garment has been washed in warm sudsy water, the tar spots will disappear. If traces of the lard remain remove them with carbon tetrachloride.

\* \* \* \*

Add water through the spout of a hot teakettle instead of removing the lid which may allow steam to burn your hand.

## A SIMPLE CROSSWORD



DOWN:

1. A baby bear.
2. The king of beasts.
- 5.



ACROSS:

4. A small horse
- 6.



Bernadette Ballangarry, with Andrew Holten and B. Buchanan, of Bowraville