

Are You A Fifth Columnist?

GUARD YOUR COUNTRY'S HEALTH!

DISEASE is the true fifth column. Every sick person is a liability on the Nation. Ill-health will render us incapable of performing our duty in any worthwhile National service. It lowers efficiency; it reduces our capacity for work; it makes poor citizens of us.

This is a serious matter in Australia to-day, as the need is urgent for greater production in all forms of essential industry. Lowered resistance to disease and lack of virile health on the part of workers can undermine the prosperity and seriously jeopardise the well-being of the Nation.



On the other hand, health promotes greater efficiency in performing the duties of citizenship in all walks of life. It makes us better workers; better parents; better neighbours and better citizens.

Therefore, let us all resolve to be healthy. To practise the rules of health ourselves. To see that our children are healthy. "A healthy mind means a healthy body" still expresses a great ideal. Let us become health conscious.

Then let us seek to perform some kind of National service. To do something of value to the community and thus to contribute our quota to make Australia a healthier and happier place in which to live.

GOVERNOR'S LADY AT WALLAGA LAKE

Keen Interest in Station.

Residents of Wallaga Lake Aboriginal Station recently had the honour of entertaining Lady Cross, wife of the Governor of Tasmania.

Despite bleak and rainy weather which blanketed the station with mist, and hid the picturesque scenery Lady Cross spent a very enjoyable morning on the station and said she had enjoyed her visit very much.

On her arrival at the Station, Lady Cross was met by the Manager, Mr. Norton.

She was taken firstly to the Recreation Hall, where she met Lorna Thomas and Violet Parsons who are in charge of the Hall's cleaning. The party then visited the homes of Arthur Thomas and Joyce Solomons. Joyce's home looked particularly attractive with its nice furniture, bright furnishings and spotless linen.

Lady Cross was thrilled when she was presented with a boomerang by Arthur Thomas, and spent some time listening intently to his story of how the boomerangs were used.

Mary Thomas's home also impressed the visitors and it was fortunate that the garden was in full bloom.

Her Ladyship's charming and affable manner put the people completely at ease and they were able to speak to her with confidence.

It being a Sunday morning, the School was closed, but Lady Cross was introduced to the Teacher, Mr. Mosher, and shown round the building. She was particularly impressed by some of the children's work.

After she had inspected the Station, Lady Cross had morning tea in the Manager's temporary residence and signed the Station Visitors' Book.

As Lady Cross was about to enter her car to continue her journey to Melbourne, the Wallaga Lake Aborigines Gum Leaf Band began playing the Maori's Farewell. Lady Cross was so interested in this unique method of producing music from leaves that she stayed another ten minutes talking to the members of the band and watching how they played.



This photo sent by Wendy Bridge, Aboriginal Station, Moree, shows Wendy with some of her friends.

From left to right: Pat Clark, Thelma Johnson, Joan Whitton, Gwen Clark, Judy Duke and Wendy Bridge.